



# CORE TOPICS LONDON

Friday 15 and Saturday 16 November 2019

Organisers: Dr Rehana Iqbal and Kausi Rao, London

Location: Royal College of Physicians, 11 St Andrews Place, Regents Park, London, NW1 4LE

## Day 1 – Friday 15 November 2019

08:30 Registration/Tea and coffee

09:25 **Welcome and introduction**  
Dr Rehana Iqbal, London

**Session 1** Chairs: Dr Rehana Iqbal, London

09:30 **Obstetrics**  
Dr Nuala Lucas, Northwick Park Hospital

10:00 **AKI in pregnancy and post partum**  
Prof Catherine Nelson-Piercy, Consultant Obstetric Physician, Imperial College Healthcare and and Guy's and St. Thomas' Hospital

10:30 **Discussion**

10:45 **Tea and coffee**

**Session 2** Chairs: Dr Rehana Iqbal, London

11:15 **New malignant hyperthermia guideline**  
Prof Phil Hopkins, Leeds

11:45 **Anaesthesia for robotic surgery**  
Dr Adam Shonfeld, St George's Hospital

12:15 **Discussion**

12:30 **Lunch**

**Session 3** Chairs: Dr Rehana Iqbal, London

13:30 **Adjuncts to acute pain management – a sensible approach**  
Dr Brigitta Brandner, University College London

14:00 **Intensive care for the non-intensivist**  
Dr Ganesh Suntharalingam, Northwick Park Hospital

14:30 **Discussion**

14:45 **Tea and coffee**

**Session 4** Chairs: Dr Rehana Iqbal, London

15:15 **Update on CPET**  
Dr Robert Stephens, University College London

15:45 **Anaesthetic allergy**  
Dr Sophie Farooque, St Mary's Hospital

16:15 **Discussion**

16:30 **Close of meeting**



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## Day 1 – Learning objectives

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**Obstetrics** Dr Nuala Lucas, Northwick Park Hospital

**AKI in pregnancy and post partum** Prof Catherine Nelson-Piercy, Consultant Obstetric Physician, Imperial College Healthcare

**Update on malignancy hyperthermia** Prof Phil Hopkins, Leeds

1. Be able to explain the importance of taking a personal and family history of anaesthesia for every patient
2. Be able to list the early clinical features of malignant hyperthermia
3. Be able to describe the principles of the treatment of a malignant hyperthermia reaction
4. Understand their responsibilities following a malignant hyperthermia event
5. Be able to describe the principles of the anaesthetic management of a malignant hyperthermia susceptible patient

**Anaesthesia for robotic surgery** Dr Adam Shonfeld, St George's Hospital

1. The range of operations that are suitable for robotic surgery
2. Potential hazards of robotic surgery
3. Benefits of robotic surgery

**Adjuncts to acute pain management – a sensible approach** Dr Brigitta Brandner, University College London

1. To understand the underlying physiology
2. To understand what constitutes an adjunct
3. To understand the benefits of using an adjunct in an evidence based world
4. To understand the limitations

**Intensive care for the non intensivist** Dr Ganesh Suntharalingam, Northwick Park Hospital

**Update on CPET** Dr Robert Stephens, University College London

**Anaesthetic allergy** Dr Sophie Farooque, St Mary's Hospital



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## Day 2 – Saturday 16 November 2019

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08:30 Registration/Tea and coffee

09:25 **Welcome and introduction**  
Dr Rehana Iqbal, London

**Session 1** Chair: Dr Naomi Pritchard, St George's Hospital

09:30 **Peri-operative management of anaemia - the role of intravenous iron**  
Dr Caroline Evans, Consultant Cardiac Anaesthetist, Cardiff

10:00 **Fascial blocks – when are they worth doing**  
Dr Benjamin Fox, King's Lynn

10:30 Discussion

10:45 Tea and coffee

**Session 2** Chair: Dr Naomi Pritchard, St George's Hospital

11:15 **Paediatric emergencies for the non-paediatric anaesthetist**  
Dr Ganga Liyanage, London

11:45 **Anaesthesia for the obese child**  
Dr Meera Kurup, King's College Hospital

12:15 Discussion

12:30 Lunch

**Session 3** Chairs: Dr Rehana Iqbal, London

13:30 **Medical manslaughter: Could it happen to me? Practical ways to reduce criminalisation of healthcare professionals when things go wrong**  
Dr Jenny Vaughan, Imperial College Healthcare

14:00 **Role of the medical expert**  
Prof Omar Faiz, Clinical Director & Consultant Colorectal Surgeon, Imperial College Healthcare

14:30 Discussion

14:45 Tea and coffee

**Session 4** Chairs: Drs Rehana Iqbal and Kausi Rao, London

15:15 **The management of traumatic cardiac arrest**  
Dr Naomi Pritchard, St George's Hospital

15:45 **Updates on emergency general surgery**  
Dr Carolyn Johnston, NEQA QI Lead, St George's Hospital

16:15 Discussion

16:30 Close of meeting



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## Day 2 – Learning objectives

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**Peri-operative management of anaemia - the role of intravenous iron** Dr Caroline Evans, Consultant Cardiac Anaesthetist, Cardiff

1. Understand the reasons behind anaemia management in the surgical population
2. The commonest cause of anaemia is Iron deficiency – understand the role of the tests in preoperative testing for iron deficiency
3. Appreciation of different anaemia management pathways
4. Comparison of oral and Intravenous iron – what is best?
5. National Guidance and Quality Improvement

**Fascial blocks – when are they worth doing** Dr Benjamin Fox, King's Lynn

**Paediatric emergencies for the non paediatric anaesthetist** Dr Ganga Liyanage, London

1. Recognition of the critically ill child
2. Differentiate between the airway management in babies and children
3. Practicalities of resuscitation and stabilisation of a sick child prior to transfer to a specialist centre

**Anaesthesia for the obese child** Dr Meera Kurup, Kings Hospital

**Medical manslaughter: Could it happen to me? Practical ways to reduce criminalisation of healthcare professionals when things go wrong** Dr Jenny Vaughan, Imperial College Healthcare

1. Understand what makes an error honest and how this might be distinguished from those which are 'truly, exceptionally bad' as defined for 'grossly negligent' medical errors.
1. 2. Learn about the policy recommendations relating to the use of gross negligence manslaughter from the Norman Williams Rapid Review and the GMC's independent review of gross negligence manslaughter and culpable homicide.
2. 3. Discuss possible ways forward to bring better accountability for patients without criminalising healthcare professionals making honest errors. 'Safe reflective practice' will also be covered.

**Role of the medical expert** Prof Omar Faiz, Clinical Director & Consultant Colorectal Surgeon, Imperial College Healthcare

**The management of traumatic cardiac arrest** Dr Naomi Pritchard, St George's Hospital

1. Differentiate the underlying causes of TCA from those of medical arrests
2. Distinguish how interventions to treat TCA differ from those in medical arrests
3. Familiarise with a simple algorithm prioritising the management of reversible causes of TCA

**Updates on emergency general surgery** Dr Carolyn Johnston, NELA QI Lead, St George's Hospital

1. Discuss recent Royal College of Surgeons 'care of high risk surgical patient' update
2. Understand the role of NELA and recently published studies in emergency general surgery (EPOCH and ELC)
3. Update on national picture of emergency general surgery performance and future direction